

# CULTIVATING OUR COMMUNITY

## JCS' Professional Support Groups

*JCS is pleased to present three ongoing support groups that address three critical topics: bereavement, special needs children and substance abuse recovery. Open to the Jewish community at no cost, these groups are conducted by professional staff to provide information, fellowship and support in a warm and welcoming environment.*

### Growing Out of Grief

Although losing a loved one is deeply personal, it's an experience you don't have to go through alone. Our specialized therapists help you live through your loss and find ways to grow out of your grief into a place of acceptance and possibilities.

**Every Wednesday**

**10:30 a.m. – Noon**

**JCS Miami Beach Office**

**300 41st St. (Arthur Godfrey Rd.)**

**Suite 216**

**Every Monday**

**7:30 p.m. – 9:00 p.m.**

**JCS Aventura Office**

**18999 Biscayne Blvd., Suite 200**



### Sustaining Jews in Recovery & Their Families

Addictions can be the source of much pain and hardship both for those with addictions and the people who love them.

This group is run by an expert in substance abuse and features noted guest speakers. Open to those in recovery and their family and friends, it includes readings and teachings from the Jewish tradition.

**Every Second & Fourth Monday  
of the Month**

**7:30 p.m. – 9:00 p.m.**

**JCS Kendall Office**

**9700 South Dixie Hwy. Suite 650**

### Nourishing Parents of Special Needs Children

Caring for physically, emotionally or psychologically disabled children requires a uniquely supportive environment in which parents learn to take care of themselves as well as their kids. This group, co-sponsored with Jewish Adoption and Foster Care Options (JAFCO), focuses on the full range of issues that parents face in raising children with special needs.

**Every Tuesday**

**9:30 a.m. – 10:45 a.m.**

**JCS Aventura Office**

**18999 Biscayne Blvd., Suite 200**

**Every Third Monday of the Month**

**6:00 p.m. – 7:15 p.m.**

**JCS Aventura Office**

**18999 Biscayne Blvd., Suite 200**



JCS gratefully acknowledges the assistance of the Chaplaincy Program of the Greater Miami Jewish Federation

**FOR MORE INFORMATION, PLEASE CALL 305.576.6550 OR EMAIL SUPPORTGROUPS@JCSFL.ORG**

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