

P R O G R A M S & S E R V I C E S



A LIFELINE FOR ALL

“You...your family...your neighbors are not alone.” This promise has been the driving force behind Jewish Community Services and its predecessor agencies since 1920.

Embracing Families. Empowering Community.

Each year, more than 35,000 people – regardless of race, religion or ethnic background – benefit from our trained, caring professionals. JCS, the largest non-profit Jewish social service agency in South Florida, provides critical help in the community, such as delivering meals and emergency funds to frail seniors so they can stay in their own homes; counseling families in crisis; and teaching basic job skills to developmentally disabled adults. Although each individual’s circumstance is different, JCS is a lifeline for all.

An important part of that lifeline is JCS Access, the comprehensive information and referral service that directs callers to the social services and health-related programs they need. Find out how JCS can assist you. Contact JCS Access at 305.576.6550 or visit our website at www.jcsfl.org.





“How wonderful it is that nobody need wait a single moment before starting to improve the world.”

– Anne Frank

Traditional Roots. Modern Purpose.

It takes a dynamic network of programs to be *the* resource that people can turn to in times of struggle. With our devoted staff, dedicated board of directors and committed community partners, Jewish Community Services is there for you with a variety of mental health, senior support and vocational services.

Based on traditional Jewish values – and charity to all – JCS strives to address current needs by promoting the highest quality of life possible. What follows are brief descriptions of our programs, which assist those from three to 103 and all ages in between.

JCS PROGRAMS & SERVICES

JCS Mental Health Services: For Your Emotional Well-Being

JCS has an integrated team that provides mental health and substance abuse services meeting the unique needs of children, adolescents, families, adults and seniors. For referrals and admission to any of JCS' mental health programs, **please call JCS Access, our information and referral service, at 305.576.6550.**

Addiction Treatment:

Offering expert counseling for individuals with addictions to drugs, alcohol, food, sex or gambling. In addition, assessments and individual and group counseling are provided for those charged with DUI who are referred from the Miami-Dade court system. Psychiatric evaluations and medication reviews are conducted as needed.

Care Management:

Care management is an effective approach to managing clients with multiple issues who can benefit from more than one of the services provided by JCS or other professionals. Care managers assess, plan, implement, coordinate, monitor and evaluate the many options and services required to meet the client's health and human service needs.

Children's Psycho-Educational and Intervention Services:

Children ages three - 18 meet with professional counselors to address issues such as failure in school, truancy, behavioral problems, legal problems and mental health concerns. Intervention services, which help parents identify emerging problems, are available at Jewish Day Schools, Miami-Dade County Public Schools and other community sites.

Consultation and Community Education:

JCS speakers give presentations to corporations, businesses and civic groups on a host of timely subjects, including stress reduction, parenting issues and mental health topics. In addition, JSC offers continuing education credits, as authorized by the State of Florida and the American Psychological Association.

Counseling for Children, Individuals, Couples, Families and Groups:

Professional counseling encompasses the full range of traditional psycho-dynamic and cognitive behavioral therapy offered across the age spectrum, from young children to the frail elderly. Master's-level clinicians help individuals, couples, families and groups address the stresses and challenges they face and assist them in functioning at their optimal capacity. Programs include:

- Addiction services
- Bereavement counseling and support groups
- Counseling for gay/lesbian/bisexual/transgender/questioning clients and their families
- Court-mandated programs (i.e., Driving Under the Influence)
- Domestic abuse prevention
- In-home counseling services for frail elderly
- Services for at-risk adolescents
- Trauma recovery and post-traumatic stress disorder therapy

Crisis Intervention:

For those who have experienced a traumatic event -- such as a violent crime, death of a loved one, disaster, job loss or custody battle -- crisis intervention can be critical to restoring and maintaining good mental health. Experienced clinicians are available to provide timely therapy and support during scheduled appointments, as well as on an emergency basis.

Gay/Lesbian/Bisexual/Transgender & Questioning Specialized Services:

GLBTQ individuals benefit from specialized counseling programs. Therapy is conducted on an individual or group basis to address

problems and issues related to sexual orientation in a comfortable and confidential setting.

JCS Shalom Bayit (Domestic Abuse Prevention):

The Shalom Bayit (Peace in the Home) program provides information, support, care and guidance for survivors of domestic abuse. Survivors can turn to the program for a full spectrum of confidential support services, including short-term stays in designated shelters, limited financial help, daycare, job training and placement, and pro bono legal and medical services.

Lifetime Assistance Program:

A care management program designed to help coordinate and provide services for frail seniors or disabled adults who have a caregiver, regardless of whether the caregiver lives out of town or resides in the area. Clients receive all the assistance they need to remain living at home, such as meals on wheels, adult day care, home care and homemaker help.

Psychological and Psychiatric Evaluation/ Medication Management:

JCS clinicians offer this crucial component of effective mental health treatment by making referrals, if clinically indicated, to psychologists for testing and to psychiatrists for evaluation and medication review.

Refugee Resettlement and Immigration Services:

Recent arrivals to the U.S. can find critically-needed help at JCS, such as care management, English for Speakers of Other Languages (ESOL) classes, employment and resettlement services. Culturally diverse, multi-lingual staff conduct support groups and provide assistance acclimating to our culture. In addition, staff from the Latin American Migration Program (LAMP) assess and assist recent Latin American immigrants in accessing community services and programs, schools and jobs.



School-Based Abuse and Violence Prevention (Helping Hands, Not Hurting Hands):

JCS' master's-level mental health professionals offer this program in Miami-Dade schools and community centers to provide instruction on health education, life skills and working with others in productive, non-violent ways.

Volunteer Opportunities in the Community (Two's Company):

Screened and trained volunteers are matched with adults 60 and over who are receiving care management services through JCS. These volunteers serve as friendly visitors and stay in touch via a telephone reassurance program, in addition to providing companionship, socialization and escort assistance.

Youth Aide Mentoring Initiative (YAMI):

This program pairs at-risk girls attending elementary and middle schools with senior high school students who serve as mentors and assist the younger students in the development of personal decision-making and relationship-building skills.

JCS PROGRAMS & SERVICES

JCS Senior Support Services: For Your Personal Well-Being at Home

Keeping older adults active, healthy and living in their own homes is an important priority for JCS. From locations throughout Miami-Dade County, JCS helps clients maintain their dignity and independence with diverse initiatives. For referrals and admission to any of JCS' senior assistance programs, **please call JCS Access, our information and referral service, at 305.576.6550.**

JCS At Home Services:

A comprehensive array of social, home care and supportive services, JCS At Home works with individuals to determine their precise needs, develops a coordinated care plan and then arranges for services from JCS' highly-experienced care givers or other professionals. Here are the components of JCS At Home:

Adult Day Care Centers:

The Seymour Gelber Adult Day Care Center, a state-licensed facility operating in partnership with Miami-Dade County, provides an array of programs designed to keep clients stimulated and actively engaged under nursing supervision in a safe and nurturing environment. The Miami Beach Senior Center is a warm and supportive place that provides respite for caregivers and enables elders to maintain dignified and meaningful lives while remaining in their own homes. This state-licensed program includes nursing supervision, transportation, kosher meals and a full complement of therapeutic social and recreational activities.

Care Management Program:

This is the first step in coordinating assistance and effectively managing clients who have no one close by to assist them in accessing care. Clients benefit from the expertise of care managers, who assess, plan, implement, coordinate, monitor and evaluate the many options required to meet their health and human services needs.

Holocaust Survivor Support Services:

Care management, in-office and at-home counseling, emergency services and subsidized home health care are provided to survivors of the Holocaust. Using the special skills and knowledge they have

to effectively serve this population, JCS staff also assist Holocaust survivors in the pursuit of remaining Holocaust Era insurance claims as well as the recovery of assets from European settlement funds, bank accounts and pensions.

Homemaker & Companion Services:

This service matches clients with appropriate homemakers and trained companions who provide quality in-home assistance to seniors. Duties performed include light housework, meal preparation and escorting clients to doctor's appointments or the supermarket. The Homemaker and Companion Service can also provide live-in companions for elderly clients. *(License # 5858)*

JCS Clean Sweep (Housekeeping Services):

Housekeeping in clients' homes is provided by reliable staff that are trained to provide exemplary services. Working to clients' specifications, JCS' cleaning personnel can successfully complete jobs that range from the smallest to the largest.

JCS Masada Home Care:

Masada delivers quality, comprehensive services designed to meet the needs of older adults living in Miami-Dade. As a licensed home care agency, Masada provides home health aides and CNAs to help seniors remain in their own homes and living independently. Services include personal care, respite, live-ins, homemaker assistance, companions and daily living support. In addition, Masada is qualified to submit insurance claims for clients and bill third-party providers on their behalf. *(License # 299991163)*

Lifetime Assistance Program:

A care management program designed to help coordinate and provide services for frail seniors or disabled adults who have a caregiver, regardless of whether the caregiver lives out of town or resides in the area. Clients receive all the assistance they need to remain living at home, such as meals on wheels, adult day care, home care and homemaker help.

Masada*Alert (Personal Emergency Response System):

An at-home emergency response system that helps seniors and other at-risk individuals get assistance quickly during a sudden emergency. When an emergency occurs, the press of a button alerts a 24-hour monitoring center which links to local police, fire and rescue personnel. Among the unique features of this service are personalized installation and follow-up, remote testing of the equipment on a daily basis, and a key securely hidden in a lock box to prevent emergency responders from having to break down the door.

Meals on Wheels (Kosher):

This senior meal delivery program annually provides approximately 180,000 nutritious kosher meals to more than 1,000 home-bound recipients across Miami-Dade and Broward counties.



OTHER SENIOR SUPPORT SERVICES:

Emergency Financial Assistance:

Through the Federal Emergency Management Agency (FEMA), JCS can make emergency cash available for food and shelter to individuals or families in crisis.

JCS Kosher Food Bank:

The only food bank in South Florida that those who observe Jewish dietary laws can turn to in times of hardship, it supplies food items and other daily necessities. Clients 'shop' during specially-arranged, confidential appointments that help ensure privacy and maintain dignity. In addition, everyone who visits the Food Bank meets with a JCS professional who performs a comprehensive evaluation to assess the family's overall needs.

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Senior Meals Congregate Dining Program (Kosher):

This program distributes kosher meals at six community-based congregate dining facilities -- on Miami Beach, North Miami Beach and in South Dade -- to those age 60 and older who meet program criteria. In addition to serving nutritionally balanced food, the congregate dining program offers a friendly environment that promotes socialization and recreation.

Senior Ride Transportation Program:

Within a service area comprised of Miami Beach and North Miami Beach, Senior Ride provides wheelchair-accessible transportation services for those 60 and older who are unable to use public transportation. Primary destination points are congregate meal sites, senior centers, doctors' offices, hospitals and grocery stores.

Shopping Assistance Service:

Trained shoppers meet with homebound seniors who are unable to leave their homes or shop without assistance. The shoppers receive a list of what is needed, purchase the requested items -- such as food, medication and other essentials for daily living -- and put away the purchases upon their return.

Wellness & Recreation Programs:

Under the auspices of the Miami Beach Senior Center, these programs, which are offered at various sites in Miami Beach and throughout North Dade, are prevention oriented and focus on health maintenance. Classes such as Tai Chi, EnhanceFitness, Yoga, Line Dancing and Book Reviews provide opportunities for seniors to engage socially while maintaining wellness and staying active and mobile.



JCS PROGRAMS & SERVICES

JCS Rehabilitation & Employment Services: For Your Vocational Well-Being

JCS' network of services support, educate and train individuals to help them reach their maximum vocational potential. JCS rehabilitation and employment programs offer assistance to overcome obstacles that inhibit clients' ability to find or maintain a job. Services are available based on eligibility and an appropriate referral, with some offered as a fee-for-service. For referrals and admission to any of JCS' vocational programs, **please call JCS Access, our information and referral service, at 305.576.6550.**

Academic Support Services for Youth:

Care management services for at-risk youth ages 16-25, which includes short-term academic training in order to pursue a General Education Diploma (GED) or a High School Diploma, as well as college preparatory courses.

Adult Day Training for Individuals with Developmental Disabilities:

Vocational professionals help clients, at a supervised work center, participate in meaningful employment activities in order for them to achieve their highest level of self-sufficiency in community settings.

Career Guidance and Employment Assistance:

JCS employment counselors assist recent college graduates and adults by offering guidance in effective networking, résumé preparation and interview techniques, as well as helping with their job search.

Employment Services for the Deaf and Hard of Hearing:

For hearing impaired individuals, this program offers an array of services to help them find and keep a job. Skilled sign language counselors conduct work assessments, on-the-job training and job placements. The program also includes education and onsite support for employers who hire the deaf and hard of hearing.

Employment Services for the Homeless:

Provides day labor training, employment services, short-term vocational training and short-term assistance to homeless residents

of Miami-Dade County who are living at emergency and transitional housing facilities.

Homeless Prevention:

Low- and moderate-income individuals in danger of becoming homeless receive assistance through this program, which provides employment and care management services, as well as short-term supportive help through transportation subsidies, clothing allowances and food vouchers.

Jewish Educational Loan Fund for College-Bound (JELF):

JCS arranges for interest-free educational loans through JELF for eligible low-income individuals.

ParnossahWorks:

In partnership with the Greater Miami Jewish Federation, a free job search service that assists those looking for jobs and employers who have jobs to offer. Job seekers have access to a website with active listings, on-line résumé posting, and expert guidance by career counselors. Employers receive an experienced advisor devoted to their staffing needs, web-based job posting and pre-screened candidates.

Supported Employment:

Individuals with developmental disabilities receive on-the-job assistance, such as counseling, travel training and job coaching, in order to obtain and maintain employment at local businesses.

Providing Services. Promoting Hope.

“What do we live for, if it is not to make life less difficult for each other?” – George Eliot

It is only because of our generous supporters that JCS can provide an array of mental health, senior support and vocational services for those most in need. If you would like to help JCS continue to be a lifeline in troubled times, we offer a number of ways for you to contribute.

We welcome not only your financial resources but your time and talent, and invite you to become a vital participant in our efforts by volunteering at JCS. For more information on how you can lend support, please contact:

For financial contributions:

Resource Development

305.403.6539

To volunteer:

Volunteer Coordinator

786.866.2206

Or visit our website at www.jcsfl.org

Jewish Community Services is accredited by:

CARF: The Rehabilitation Accreditation Commission for Employment Services

COA: The Council on Accreditation of Services for Families and Children, Inc.

Jewish Community Services of South Florida, Inc. is a 501(c)(3) organization.

Federal Identification number is 59-0637867. A copy of the official registration and financial information may be obtained from the Division of Consumer Services by calling toll-free within the State 800-435-7352. Registration does not imply endorsement, approval, or recommendation by the State. Registration #SC00196.

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Celebrating Our Past. Securing Our Future.

JCS has been enriching lives and empowering people since the founding of its predecessor agency, Jewish Family Service of Greater Miami, in 1920. As the county's first Jewish social service agency, JFS initially provided mental health, refugee resettlement, foster care and adoption services to a small but vibrant Jewish community.

The needs of a growing community were also met, starting in 1958, by Jewish Vocational Service of South Florida, with its goal of providing employment, meals and supportive services to those with disabilities.

Similarly, the Community Council for Jewish Elderly was established in 1989 to help seniors maintain their health and dignity and minimize the need for nursing home care.

These three civic-minded organizations merged in 2000 to form Jewish Community Services of South Florida. As one coordinated, integrated organization, JCS quickly became one of the largest and most influential social service agencies in Florida and a preeminent resource for community assistance.





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